Chef Solus’ Protein Group Bookmarks

Cute nutrition oriented bookmarks for kids to use during reading time.

Supplies:
• Construction paper
• Colored Crayons
• Scissors
• Glue or Paste
• Hole puncher
• Yarn

Instructions:
• Print the sheet with the bookmarks.
• If black and white, decorate the bookmarks with your favorite colors.
• Cut out the bookmarks on the dotted lines
• Cut out a rectangular shape from construction paper is larger than the bookmark
• Paste the colored bookmark to the construction paper
• Punch a hole at the top of bookmark
• Thread a piece of yarn about 5-6 inches long through the hole and tie a knot